



The Natural Confectionery Co.
Sour Patch 220g Varieties

\$2.50 ea

Save \$1.51

\$1.14 per 100g



Cadbury Medium Bars
30g-60g Selected Varieties

\$1.00 ea

Save up to \$1.01



Cadbury Share Bag
168g-180g Varieties

\$2.30 ea

Save \$2.31



Bundaberg Brewed Drinks
4x375ml Varieties

\$4.50 ea

Save \$1.21

\$0.30 per 100ml



The Natural Chip Co.
175g Varieties

\$2.00 ea

Save \$1.26

\$1.14 per 100g



Pringles
134g Varieties

\$2.00 ea

Save \$2.00

\$1.49 per 100g



V8 Fruit &
Vegetable Juice
1.25L Selected
Varieties

\$2.30 ea

Save \$2.31

\$1.84 per litre



Ritz Crackers Original 300g

\$2.00 ea

Save \$1.00

\$0.67 per 100g



Maggi 2 Minute Noodles
5pk Varieties

\$3.00 ea

Save \$0.96



ABC Sweet
Soy Sauce
620ml

\$3.50 ea

Save \$1.41

\$0.56 per 100ml



Golden Circle Tropical Slices
in Pineapple Juice 425g

\$2.00 ea

Save \$1.00

\$4.71 per kg



Seakist Tuna Chunks
Springwater or Brine 425g

\$3.50 ea

Save \$0.90

\$8.24 per kg



Uncle Tobys Traditional or Quick Oats 1kg

\$5.00 ea

Save \$1.01

\$0.50 per 100g



Belvita Breakfast Biscuits 300g Varieties

\$2.50 ea

Save \$1.51

\$0.83 per 100g



Kellogg's Guardian or Sustain 360g-480g

\$4.50 ea

Save up to \$1.63

1/2 PRICE!



Moccona Indulgence or Rich Coffee 150g

\$7.20 ea

Save \$7.29

\$4.80 per 100g



Nestle Milo 450g

\$5.00 ea

Save \$1.70

\$1.11 per 100g



Green's Pancake Shake 325g-375g Varieties

\$2.00 ea

Save \$0.91

\$0.92 per 100g

1/2 PRICE!



Barker's Relish, Chutney or Sauce 240g-325g Varieties

\$2.45 ea

Save \$2.54

1/2 PRICE!



Masterfoods Tomato or BBQ Squeeze 250ml Varieties

\$1.19 ea

Save \$1.21

\$0.48 per 100ml



Valcom Curry Paste 210-230g Varieties

\$3.00 ea

Save \$1.01



Campbell's Real Stock 1L Varieties

\$3.00 ea

Save \$1.00

\$0.30 per 100ml

UNDER 1/2 PRICE!



Heinz Big 'N Chunky or Classic Soup 520g-535g Varieties

\$1.75 ea

Save up to \$2.15



SPC Baked Beans or Spaghetti 4x220g Varieties

\$3.00 ea

Save \$1.21

\$0.34 per 100g



\$2⁴⁹
ea

Australian Pre-Packed Asparagus
Fruit & Vegetable Department



\$2⁴⁹
kg

Australian Broccoli
Fruit & Vegetable Department



99^c
ea

Australian Spring Onions
Fruit & Vegetable Department



\$1⁷⁹
ea
\$17.90 per kg

Australian Pre-Packed
Rocket, Spinach or Salad Mix
Fruit & Vegetable Department



\$1⁶⁹
ea

Australian
Continental Cucumber
Fruit & Vegetable Department



\$13⁹⁹
kg
Save \$8.00 kg

Bertocchi San Marino
Old Fashioned Leg Ham
Delicatessen Department



\$14⁹⁹
kg
Save \$2.00 kg

Primo Roast Pork
Delicatessen Department



\$24⁹⁹
kg
Save \$5.00 kg

Fabbris Sopressa Hot or Mild
Delicatessen Department



\$13⁹⁹
kg
Save \$8.00 kg



\$3⁴⁹
ea
Save \$1.46
\$31.73 per kg

Barossa Fine Foods Pâté
110g Varieties
Delicatessen Department



\$19⁹⁹
kg
Save \$5.00 kg

Mixed Antipasto
Delicatessen Department



\$15⁹⁹ kg

Save \$2.00 kg

Pork Spare Ribs
Meat Department



\$42⁹⁹ kg

Save \$8.00 kg

Lamb Fillet
Meat Department



\$38⁹⁹ kg

Save \$10.00 kg

Fresh Australian Garfish Fillet
Seafood Department



\$12⁹⁹ kg

Save \$2.00 kg

Beef Gravy Shin
Meat Department



\$4⁹⁹ kg

Save \$3.00 kg

Chicken Maryland
Meat Department



\$35⁹⁹ kg

Save \$10.00 kg

Fresh Australian Ocean Trout Fillet - Skin On
Seafood Department



\$4⁹⁹ ea

Save \$1.00

\$0.83 per 100g

Vanilla Mudcake 600g
Bakery Department



\$5⁹⁹ kg

Save \$4.00 kg

Florida Ricotta
Cheese Department



\$3⁹⁹ ea

Save \$1.00

\$0.73 per 100g

Pane Di Campagna 545g
Bakery Department



\$4⁹⁹ ea

Save \$1.00

\$2.50 per ea

Bavarian Donuts 2pk
Bakery Department



\$2.49 ea

Save \$1.71

\$1.25 per 100g

Black Swan Classic Dip
200g Varieties



\$1.65 ea

Save \$1.66

\$0.33 per 100g

Meadow Lea Spread
500g Varieties



\$1.99 ea

Save \$1.00

\$1.24 per 100g

Gippsland Dairy Yoghurt
160g Varieties



\$4.99 ea

Save \$1.77

\$1.51 per 100g

La Famiglia Stoned Baked
Ciabatta Garlic 330g



\$4.00 ea

Save \$1.01

\$8.00 per kg

Devondale Cheese
Sandwich Slices 500g



\$7.00 ea

Save \$3.00

\$9.33 per kg

Bega Tasty
Cheese Block
750g



\$4.29 ea

Save \$4.46

\$0.43 per 100ml

Bulla Frozen Custard
1L Varieties



\$4.00 ea

Save \$4.01

Peter's Drumstick
4pk-6pk Varieties



\$9.99 ea

Save \$3.02

\$0.89 per 100g

Patties Party Pies
1.12kg 24pk



\$3.25 ea

Save \$3.30

Quorn 200g-312g
Selected Varieties



\$3.59 ea

Save up to \$3.61

\$8.45 per kg

I&J Light & Crispy or Beer
Battered Fish 425g Varieties



\$2.50 ea

Save \$1.20

\$3.33 per kg

McCain Rustic Thin or Chunky
Cut Skin On Chips 750g



Listerine Mouthwash 500ml Varieties

\$6²⁰ ea

Save up to **\$3.01**
\$1.24 per 100ml



Colgate Optic White Toothpaste 95g

\$5⁰⁰ ea

Save **\$3.01**
\$5.26 per 100g



TRESemmé Shampoo or Conditioner 390ml Varieties

\$3⁴⁹ ea

Save **\$2.52**
\$0.89 per 100ml



Palmolive Naturals Handwash Refill 1L Selected Varieties

\$5⁰⁰ ea

Save **\$2.01**
\$0.50 per 100ml



Nivea Body Lotion Firming Q10 400ml

\$8⁵⁰ ea

Save **\$1.90**
\$2.13 per 100ml



Fluffy Fabric Softener 2L Varieties

\$4⁰⁰ ea

Save **\$1.49**
\$2.00 per litre



Stayfree Pads 10pk-14pk Selected Varieties

\$4⁰⁰ ea

Save **\$1.01**



Handee Ultra Paper Towel 4pk or Double Length Roll 2pk

\$4⁵⁰ ea

Save up to **\$1.79**



1/2 PRICE!

\$20⁰⁰ ea

Save **\$10.01**
\$1.00 per 100ml



Dine Creamy Treats Cat Food 4x12g Varieties

\$1³⁷ ea

Save **\$1.38**
\$2.85 per 100g



Nature's Gift Gourmet Dog Food 100g Varieties

\$1⁰⁰ ea

Save **\$0.21**
\$1.00 per 100g



Chum Crunchy Dry Dog Food 3kg Varieties

\$6⁰⁰ ea

Save **\$1.90**
\$0.20 per 100g

Liquor Specials



Pure Blonde 4.2% Bottles
24x355ml

\$48⁰⁰ ea

Save \$7.99



Great Northern Super Crisp
Bottles 24x330ml

\$44⁰⁰ ea

Save \$4.99



Johnnie Walker
Red Label Scotch
Whisky 1L

\$50⁰⁰ ea

Save \$9.99



Brown Brothers
Moscato
Wine Range
750ml

\$14⁰⁰ ea

Save \$3.98



De Bortoli
Sacred Hill
Wine Range
750ml

\$4⁹⁹ ea

Save \$1.00



Yellowglen
Sparkling Colours
Wine Range
750ml

**2 FOR
\$16⁰⁰**

Save \$3.99
per bottle



Le Chat Noir
Rosé 750ml

\$15⁹⁹ ea

Save \$2.00



Mumm Cordon
Rouge NV
Champagne
750ml

\$48⁰⁰ ea

Save \$11.99



Black Bottle
Brandy 700ml

\$34⁹⁹ ea

Save \$1.00



Houghton
White Classic
750ml

\$8⁹⁹ ea

Save \$4.00

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